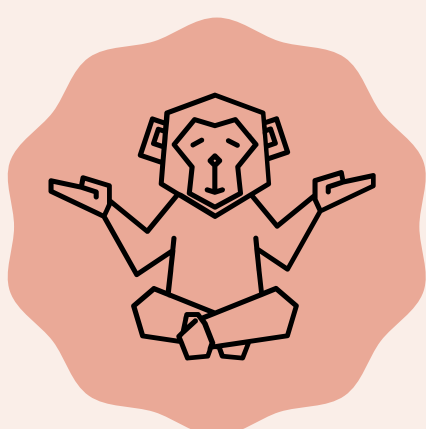


## FIVE TIPS FOR CALLING IN LOVE



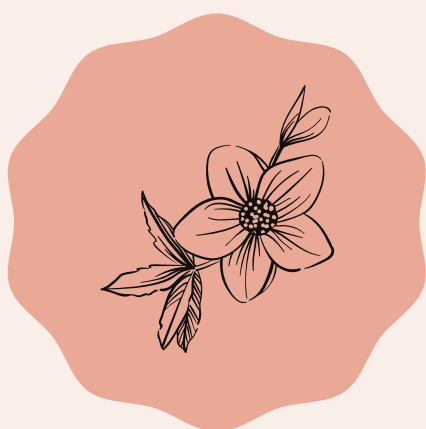
### KNOW YOUR DEALBREAKERS

Take out your pen and paper. Let your self go, and I mean, do not hold back! Write down any & everything that is a NO for you. This gives so much clarity to your desire & also supports you in sorting through potential matches.



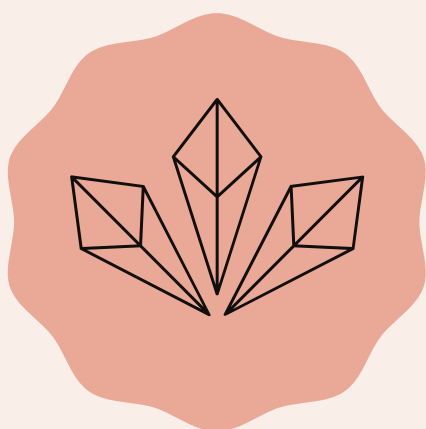
### KNOW YOURSELF

Who are you? Not just your titles (Mom, daughter, friend, entrepreneur, boss, etc.) How do you show up? What are your toxic traits or unhealed parts? What energy are you emitting when you walk into the Club? What is YOUR goal for dating?



### KNOW YOUR WORTH

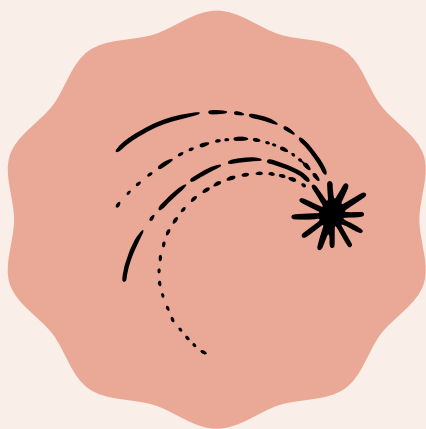
The real key is this one right here. It is the thing that will help you see a red flag and NOT paint it white. It is the thing that say, "No, I deserve to be with someone who holds the door open for me." Do you believe you are valuable?



### CLEAR YOUR ENERGY

We hold or absorb other's energy, a lot. Especially if you are having sex with someone whose energy is a hot mess. Keep it real, sometimes, you want what you want, even when that person isn't good for you.

Clearing that energy from your subtle bodies creates room for GOOD energy to come to you.



### HAVE FUN

We can get soooo attached to the outcome of dating, and connecting, that we forget to have FUN along the way. Of course, be smart and safe. Also, get out of your head and enjoy the process. (Go on a paddle boat, try some new food, enjoy getting to know people).

